# **Early Indicators of Concern in a New Relationship**



Have a look at the information below and tick the statements which apply/ applied to your relationship:

* They may accelerate the pace of the relationship, wanting to move in with you too soon
* Uses phrases like ‘together forever’
* You find yourself dismissing misgivings
* You tread on eggshells because of their moods and reactions to what you do or say
* They become very jealous
* They may be verbally abusive and critical of you, your friends and relatives
* They may break things or destroy your possessions
* They may refuse to accept rejection
* They relate everything in their life to you
* They minimise abuse as if each time was a ‘one-off’
* They blame others for the way they behave
* You may feel you cannot challenge anything because of their reaction
* Texts and telephones all the time and wants to know where you are, who you are with and what are you doing (often not believing where you are)
* Tries to monopolies your time and treat you as their own
* They may try to become indispensable to us very quickly, especially with financial and practical help, treats for you, treats for the children