

## Types of abuse

### Emotional and psychological

- Putting down
- Constant criticism
- Belittling
- Name calling
- Blaming others
- Jealousy over relationships
- Constant harassment via text, phone calls, social media
- Anger
- Verbal abuse
- Denial of abuse
- Silent treatment
- Glaring/ staring

### Financial

- Stealing money/ assets
- Creating debt and loans in both names without consent
- Repeatedly overspending
- Putting assets in own name
- Denying finances
- Making major financial decisions on their own
- Coercing to commit fraud

### Physical

- Punching, Slapping, Spitting
- Screaming, Staring
- Stabbing, Kicking, pushing
- Scolding, Burning
- Throwing objects
- Smashing, breaking things
- Destroying personal belongings
- Depriving of sleep
- Causing injury
- Withholding medication
- Forcing medication
- Imprisoning

### Sexual

- Coercion or force of sex and sexual acts
- Rape
- Coercion or force to watch pornography
- Sexual exploitation
- Coercion or force abortion
- Having flaunting affairs
- Passing on STI's
- Sharing sexual images or information on social media
- Sexual derogative name calling